



Меѓународен Универзитет Визион - International Vision University
 Universiteti Ndërkombëtar Vizion - Uluslararası Vizyon Üniversitesi

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SYLLABUS

COURSE NAME	COURSE CODE	SEMESTER	COURSE LOAD	ECTS
PSYCHOLOGY OF ADULT AND AGING	PSY210058	IV	180	6

Prerequisite(s)	None
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Course Language	Macedonian, Turkish, English
Course Type	Required
Course Level	First Cycle
Course Lecturer	
Course Assistants	
Classroom	
Extra-Curricular Office Hours and Location	Meeting: Consultancy:

Course Objectives	Students to gain knowledge of scientific advances in the field of developmental psychology in adults and the elderly. At the same time to develop skills for their practical application through programs to stimulate development.
Course Contents	Transition to early maturity. Development in adulthood. Early maturity. Medium maturity. Third and fourth age. The last stage of life. Where did he go and where can human development go?

WEEKLY SUBJECTS AND RELATED PREPARATION STUDIES

Week	Subjects	Related Preparation
1	Adulthood and the process of old age	Related Chapters of Course Sources
2	The definition of healthy old age	Related Chapters of Course Sources
3	The course and definition of unhealthy old age	Related Chapters of Course Sources
4	Guidance and counselling in adulthood and old age	Related Chapters of Course Sources
5	Sleep disorders and its cognitive effects in old age	Related Chapters of Course Sources
6	Depression and psychotic disorders in old age	Related Chapters of Course Sources
7	Mid-term Exam	Related Chapters of Course Sources
8	The definition, causes and types of demands	Related Chapters of Course Sources
9	Alzheimer	Related Chapters of Course Sources
10	Conduct disorders in old age	Related Chapters of Course Sources
11	Genetic and non-genetic Parkinson's and their precautions	Related Chapters of Course Sources
12	Diagnostic tests to discriminate the depression and demands	Related Chapters of Course Sources
13	The projects, sports, dance, music and art therapy in the process of adulthood and old age	Related Chapters of Course Sources
14	The projects, sports, dance, music and art therapy in the process of adulthood and old age	Related Chapters of Course Sources
15	Exam	All Chapters of Course Sources

ECTS / WORKLOAD TABLE

Presentation / Seminar			
Hours for off-the-classroom study (Pre-study, practice)	14	3	42
Midterm Exam	1	12	12
Exam	1	14	14
Total Work Load			
ECTS		6	

GENERAL PRINCIPLE RELATED WITH COURSE

Dear students,

In order to be included, learn and achieve full success that you deserve in the courses you need to come well prepared by reading the basic and secondary textbooks. We are expecting from you carefully to obey to the course hours, not to interrupt the lessons unless is very indispensable, to be an active participant on the courses, easily to communicate with the other professor and classmates, and to be interactive by participating to the class discussions. In case of unethical behavior both in courses or on exams, will be acting in framework of the relevant regulations. The attendance of the students will be checked in the beginning, in the middle or at the end of the lessons. Throughout the semester the students who attend to all lectures will be given 15 activity-attendance points in addition to their exam grades.

LITERATURE

COMPULSORY LITERATURE				
No	Author's Name	Name of the book	Publishing House	Publication Year
1	Ethem Larende	Yetişkinler ve Yaşlılar Psikolojisi	Gazi Yayınevi, Ankara	2007
2	Мурцева – Шкарик, Олга	Психологија на возрасните и на Старењето	Филозофски Факултет, Скопје	2010
3	Brian Yochim	Psychology of Aging: A Biopsychosocial Perspective	Springer Publishing Company	2017

ADDITIONAL LITERATURE				
No	Author's Name	Name of the book	Publishing House	Publication Year
1	Leyla Taşkıran	Yaşlılıkta Psikolojik Sorunlar	Gazi Yayınevi, Ankara	2007
2	Ahmet Mumcu	Yetişkinlerin Psikolojik Sorunları ve Çözüm Üretme Teknikleri	Enderun Kitabevi, İstanbul	2009
3				

EVALUATION SYSTEM

Underlying the Assessment Studies	NUMBER	PERCENTAGE OF GRADE
Attendance/Participation	15	%20
Project / Event	1	%10
Mid-Term Exam	1	%35
Mid-Term Exam	1	%35
TOTAL	17	%100

ETHICAL CODE OF THE UNIVERSITY

In case of the students are cheating or attempt to cheat on exams, and in the case of not to reference the sources used in seminar studies, assignments, projects and presentations, in accordance to the legislations of the Ministry of Education and Science of Republic of Macedonia and International Vision University, will be applied the relevant disciplinary rules. International Vision University students are expected never to attempt to this kind of behavior.